



Erasmus+



COACHING
TOOLS



Coaching Tools

14-20.11.2022

Lorca, Spain

THE VENUE OF THE EVENT



The meeting will take place in the small beautiful town called Lorca. It is called "City of Sun" as there is not many rainy days during the year. Lorca is located in the valley in the eastern south of Spain. Because of that even the winter is quite warm here however the mornings and evenings are chilly and windy.

DON'T FORGET TO CHECK THE WEATHER FORECAST.



**C. MÉDICO ANTONIO
PELEGRÍN MEDINA, 2,
30800 LORCA, MURCIA**

**(GOOGLE MAPS:
CENTRO DE FORMACIÓN Y
RECURSOS JUVENILES M13)**

The meeting will take place in the Cazalla Intercultural office which is placed in the M13 building. The youth place where you can find city hall council and other people working with youth.

If you will come by car, please remember that you have to pay for parking on the blue zone, yellow and green is forbidden.



COVID-19

To enter Spain and participate in the staff training you must have a certificate of vaccination against Covid-19 or a negative PCR or antigen test done no more than 72 hours before arrival.

IMPORTANT

At Spanish airports, you must present a QR code to be scanned. This code is generated through the government website (click!) or app on your phone by filling out a special form. This code is OBLIGATORY.

COORDINATING ORGANIZATION:

- Cazalla Intercultural will provide pharmacy antigen test to all participants at the entrance to the accommodation in case of lack of certificate. In case of symptoms, Cazalla Intercultural will also provide antigen test to the affected participants.
- Disinfection of furniture. After each day the accommodation cleaning team will disinfect the furniture used during the sessions (tables, chairs...).
- If you need to take an official test to return to your country, Cazalla Intercultural will help you to find a laboratory and make an appointment. Please let us know in advance.



COVID-19

PARTICIPANTS:

- Maintaining the physical distance of 1.5 meters. This is a basic measure that you must maintain in all spaces;
- Hand hygiene. It is the most important measure to avoid transmission, which we will perform insistently. It can be done with soap and water (as a priority) for 40 seconds, and also with hydroalcoholic solutions available to users in different key points of the place where the activity is carried out;
- Respiratory hygiene. The use of masks by the participants is recommended. This legislation is constantly changing and therefore participants will be informed if there has been any change at the time of the activity, so far it is not mandatory to wear a mask in the interiors but we recommend to decide it together with all group.
- Cleaning and disinfection. As far as possible, sharing objects, games, materials, etc. should be avoided. When the activity requires it, they should be disinfected before and after being used or shared. It is very important to ventilate enclosed spaces at least 10 minutes before and after the activity and every half hour during the activity.
- Measures for access to the activity site. Persons with fever, signs of illness or symptoms of respiratory infection will not be allowed access to the activity room or participation in activities. If a participant develops symptoms, he/she should immediately inform the activity coordinator, support person or group leader and remain in his/her room until assigned to an isolated room.
- Apiretal, Ibuprofen... cannot be given and attend the activity.
- Measures for the consumption of liquids. No bottles, cans, or other containers will be exchanged.



COVID-19

CONFIRMATION OF CASES

Measures in case of suspicion of symptoms or confirmation of cases. Early detection and isolation of new cases is key. In case of symptoms:

- Do not participate in activities.
- Immediately contact the activity coordinator, support person.
- The activity coordination team will provide you with an antigen test to confirm whether or not you are positive for COVID:

If the result is negative the participant will be able to continue participating in the activity as normal.

If the result is positive, the participant will be placed in an isolation room for a period of 7 days as established by Spanish legislation or, failing that, until a negative antigen test is obtained.

WE STRONGLY RECOMMEND THE DOUBLE VACCINATION AND THE THIRD BOOSTER DOSE RECOMMENDED BY THE WHO (UNLESS YOU HAVE BEEN VACCINATED WITH THE JANSSEN SINGLE DOSE) BEFORE PARTICIPATING IN THE ACTIVITY, ESPECIALLY IF YOU HAVE ANY PREVIOUS PATHOLOGY.

IN ANY CASE, YOU SHOULD PREVIOUSLY CONSULT THE REQUIREMENTS FOR TRAVEL TO SPAIN ESTABLISHED BY THE SPANISH GOVERNMENT.

[HTTPS://WWW.SANIDAD.GOB.ES/PROFESIONALES/SALUDPUBLICA/CCAYES/ALERTASACTUAL/NCOV/SPTH.HTM](https://www.sanidad.gob.es/profesionales/saludpublica/ccayes/alertasactual/nCoV/spth.htm)

COVID-19



SENDING ORGANIZATION:

It will be mandatory to travel with a medical insurance (in addition to the European health card) that covers hospitalization, accommodation, food and travel expenses in case of positive COVID that prevents the participant from traveling on the date of the end of the activity. Cazalla Intercultural will not be responsible for the expenses caused by COVID once the activity is finished nor for possible hospitalization during or after the activity, although it will support the participants who due to COVID positive must stay in quarantine in Spain until their return to their country.

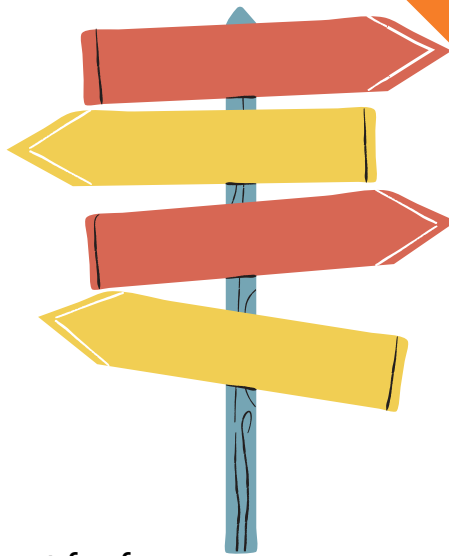
The certified antigen tests necessary to enter or leave Spain will be included in the travel expenses budget assigned to each partner and established in the infopack. Exceptionally and as long as there is a budget allocated for this purpose, they may be included in the exceptional expenses of the project.

It will be the responsibility of each partner organization to inform themselves of the COVID requirements upon return to their country. Cazalla Intercultural will provide a link to all participants to check the COVID requirements for entry into Spain.

IF YOU HAVE ANY QUESTIONS REGARDING THE CAZALLA PROTOCOL IN RELATION TO COVID-19 HAVE NO DOUBT TO WRITE US.



TRAVEL

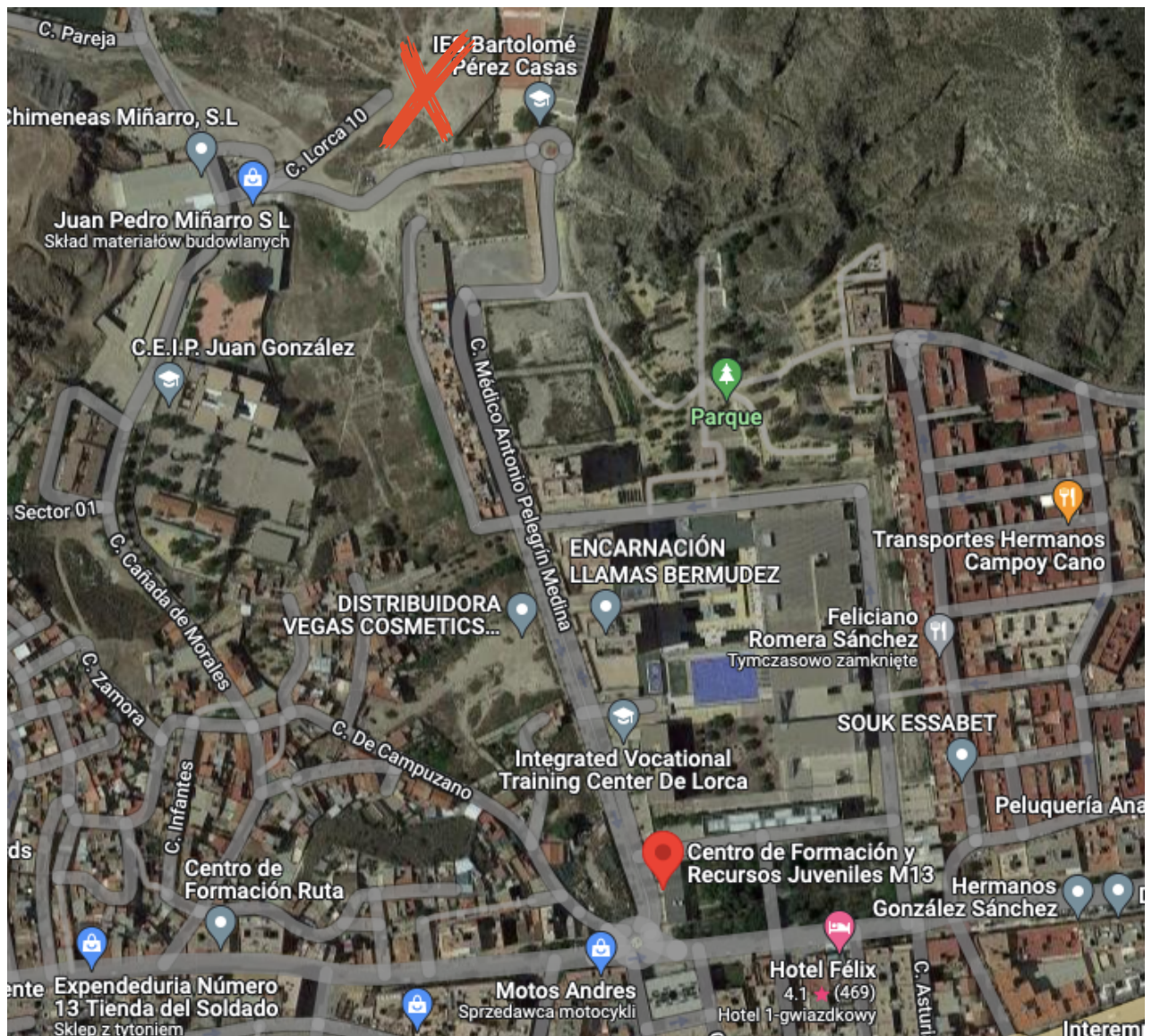


TRAVEL BY CAR

Please remember that parking in Lorca is not for free. it is FORBBIDEN to park at green, red, yellow lines.

for BLUE zone you can pay for 2h 1,45€ (from 9-14h and from 17-20h)

parking for free is on white lines, nearby the office you can find it only in one place. which is there



PROFILE OF PARTICIPANT

- Educators and youth workers from different organisations and institutions, interested in get to know more about coaching and innovative tools of coaching for young people.
- People working with young people, in personal and professional development, involved in youth orientation
- have a level of English which allows them to learn and express themselves to be involved and engaged in the activities.
- Youth workers involved in supporting youth, often fewer opportunities and NEET, in some cases early schools drop-outs.

During the Training Activity participants will have the time and space to be trained in using NFE methods to coach young people and developed tools any further, adapting it later for their local reality.



PROGRAMME

	15.11	16.11	17.11	18.11	19.11
10:30 - 12:00	welcome and introduction, tour at M13,	Study visit - CEPAIM	NFE in couching	MOOC recording	Follow up, next steps
12:00 - 12:30	COFFEE BREAK				
12:30 - 14:00	group building	Study visit - SCOUTs	CouchingLAB	MOOC recording	evaluation
14:00 - 16:00	LUNCH	LUNCH IN THE CITY CENTER	LUNCH		
16:00 - 17:30	introduction to the guidebook	free afternoon	Presentations	* time for coordination meeting	free afternoon