







Erasmus+ KA153-YOU - Mobility of youth workers

Project N°: 2023-3-ES02-KA153-YOU-000170307

# INFOPACK

Logroño, La Rioja, Spain 24/07/2024 – 30/07/2024







# THE PROJECT

### WHY INTERAGETION?

The opportunities to have social meeting points between people of different generations are limited, which results in a great distance between these generations. This dialogue gap arises, among other things, because of the social and thinking differences between younger generations and adults or older people.

Also, this lack of encounter also occurs in closer environments, such as the family unit, the school or the neighbourhood community. The lack of understanding between different generations is very visible within the family, where adults often fail to find a way to communicate with their children, and where children are not able to empathise and recognise the dedication of their parents.

### WHAT CAN WE DO?

Taking into account that there are problems of communication and lack of common spaces between different generations, both at community and family level, we intend to put the following solutions on the table:

#### First solution

Bringing together a group of youth workers from different countries who can exchange their visions, experiences and realities around the phenomenon of intergenerational dialogue. Each participant will be able to give briefings on this issue, and learn from others about different aspects of experienced youth workers in this field.

### **Second solution**

Generating a real space for intergenerational dialogue. Through this action the participants will experience how to create, manage and maintain spaces for intergenerational dialogue in a local area. In this way, the project will be able to see its results sustained over time.

#### Third solution

Training our soft skills, not only to learn more about them, but also to give the participants practical examples that they can apply in their daily work.







## COUNTRIES





























NUOVA ACCADEMIA DEGLI ARRISCHIANTE





ATEITIES LYDERIU
AKADEMIJA





**FUNDACJA CAT** 





ASSOCIACAO JUVENIL
DE DEAO

Each national team will be formed by **3 youth workers** (+18 years old), and at least one participant per country must have experience in the field of Erasmus+.







### THE VENUE

The Training Course will take place in **Logroño**, Spain.

The whole group will be accommodated at the **University Residence** "Francisco Jordán", located 10 minutes away from the city centre by walking.





All rooms are single, exterior, and with private bathroom. They have a wardrobe, desk and bedside table. All the rooms of the participants will be located on the same floor, and the common areas (lounges, dining room...) will be shared. Sheets and towels will be provided by the accommodation.

The workshops will take place in a private working room in the same building. Breakfast, lunches and dinners will also be served there.











### **TRAVELS**

The official arrival day is the **24<sup>th</sup> of July**. You must arrive to Logroño on this day, but you are able to start your trip up to one week before this date.

The official departure day is the **30<sup>th</sup> of July**, and you will not be able to start your return trip before this day. The same way, you can take up to one week to finish your trip back.

The maximum travel budget per participant is:

	23€ (green travel*)		275€
₩ P	275€ 320€ (green travel*)		275€
	275€ 320€ (green travel*)		360€
	275€	±	360€

<sup>\* &</sup>quot;Green travel": travelling by bus, train or car-pooling for the main part of the travel.

Gantalcalá will provide you with a travel guide through which we will show you the most efficient options for you to travel from your country of origin to Logroño, and also how to get to the accommodation. Once you are selected to participate in the project, your sending organisation will send you this guide.

Make sure you check our travel guide before buying your trips!







## **ACTIVITIES**

All the activities will be generally scheduled from **10:00 to 13:30** in the morning, and from **15:00 to 17:00** in the afternoon.

In the accommodation, breakfast will be served from 8:30 to 9:30, lunch from 13:30 to 15:00, and dinner from 20:30 to 22:00 (however, some days we will have lunch and dinner outside)

We will offer leisure activities. You can check the weekly plan in the chart below:

Day	Working activities	Leisure activities	
Wednesday 24th	Arrival of participants		
Thursday 25th	Teambuilding and introduction		
Friday 26th	Interagetion in private life	Traditional dinner in old town	
Saturday 27th	Interagetion in public life		
Sunday 28th	Inteagetion and advocacy	Intercultural night	
Monday 29th	Preparation of local initiatives	Restaurant & swimmingpool	
Tuesday 30th	Departure of participants		









### REIMBURSEMENT

### WHEN CAN I BOOK MY TICKETS?

Before purchasing any of the trips, all participants must send all the information (travel itinerary, timetables...) by e-mail to "<u>mobility@gantalcala.org</u>". Once we have given you the go-ahead, you can proceed to buy your tickets.

### WHAT WILL BE REIMBURSED?

- **Flight**: Boarding passes and flight reservation.
- **Train/tram/metro**: Ticket (with invoice if possible)
- **Bus**: Ticket (with invoice if possible)
- **Ship/ferry**: Ticket (with invoice if possible)
- Taxi: Ticket (with invoice if possible)
- **Car**: Claimsheet provided by Gantalcalá specifying the distance driven. According to the Spanish policies, the maximum reimbursed cost per kilometer will be 0,26€.

No other costs than those mentioned above will be reimbursed.

If you plan to take more days for your trips (apart from the official travel days), we will not reimburse accommodation or food expenses.

### WHAT DO I HAVE TO DO TO GET REIMBURSED?

Every participant will have to send all the ORIGINAL documents required to justify the travel costs (please pay attention to the conditions specified before); by email if the document is online, and by postal mail if the document is printed.

Postal address: Calle Hermanos Moroy 1, oficina 303; 26001 Logroño; La Rioja, España.

In the last day of the Training Course, we will send you a document to fill in specifying your itinerary and expenses. Once all the team documentation for each country is correct, we will send a transfer to the sending organisation in each country with the reimbursement of all the equipment. This process normally takes between one and two months, depending how long each participant takes in managing all the documentation.