

Information pack for volunteers

Harmony for Change

Inspire a positive change in **Latvia**, Gulbene



Co-funded by
the European Union



Agency for International
Programs for Youth
Republic of Latvia



PROJECT INFORMATION



EUROPEAN
SOLIDARITY
CORPS

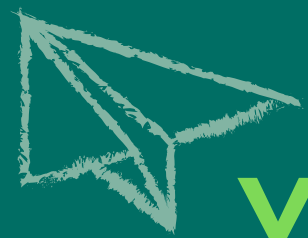
Project type: European Solidarity Corps

Country: LATVIA

Hosting organization: Youth center "Bāze", Gulbene

Number of volunteers: 4

Project time: Volunteers will be hosted long term – 9 to 11 months



Gulbene district Youth center "Bāze"

Youth Center "Bāze" is an institution of Gulbene Municipality, whose aim is to support youth initiatives and ensure the development of the lives of youngsters

YC "Bāze" is based on non-formal education, volunteering and initiatives

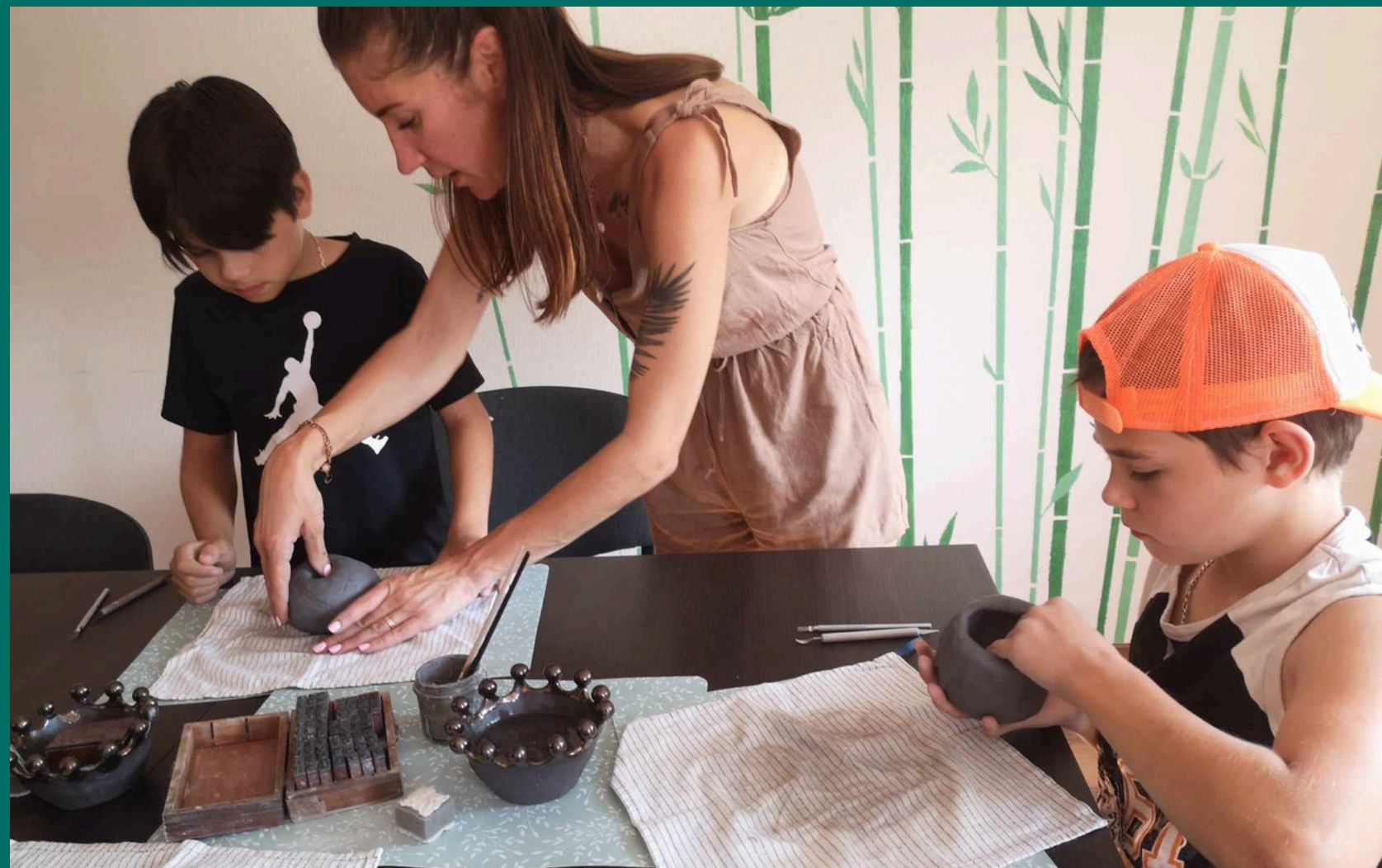
It is a place where youngsters can spend their free time usefully, participating in projects and activities that give them a great opportunity to gain valuable knowledge, skills, abilities, experiences and friends

Since 2006 – when organization was established – "Bāze" has organized many „Youth in Action” projects – Youth exchanges, EVS, initiatives, trainings and seminars. We've been partners in more than 80 projects



PROJECT Goal

The goal of the project is to bring four different personalities (volunteers) to the small town of Gulbene, Latvia, who are motivated to bring harmony and a little bit of chaos in the ordinary lives of Gulbene inhabitants, to give and get, to teach and learn and to create more opportunities for the youth



Objectives

- An opportunity for youth around the world to meet and develop friendships
- To realise different workshops, introduce another culture, organize educational activities in the youth center
- An opportunity to build self-esteem and confidence, enhance work and experience, develop new skills and interests and support a cause they feel strongly about
- To make a change in a community
- To promote the four project priorities

Places of volunteering

Four youth centers in Gulbene municipality

Activities
we provide

- summer days for kids
- summer camps
- games (board games, table football, billiard, Xbox etc)
- creative workshops
- nonformal games
- sports activities and tournaments
- international projects (youth exchanges, training courses, study visits, partnership projects)
- local projects (Eurodesk projects, state program projects, municipality projects)
- local volunteering
- international volunteering
- organizing summer employment for youth



"Ligzda"
In village Stāķi



"B.u.m.s."
In village Ranka



"Pulss"
In village Lejasciems



"Bāze"
In Gulbene



GULBENE

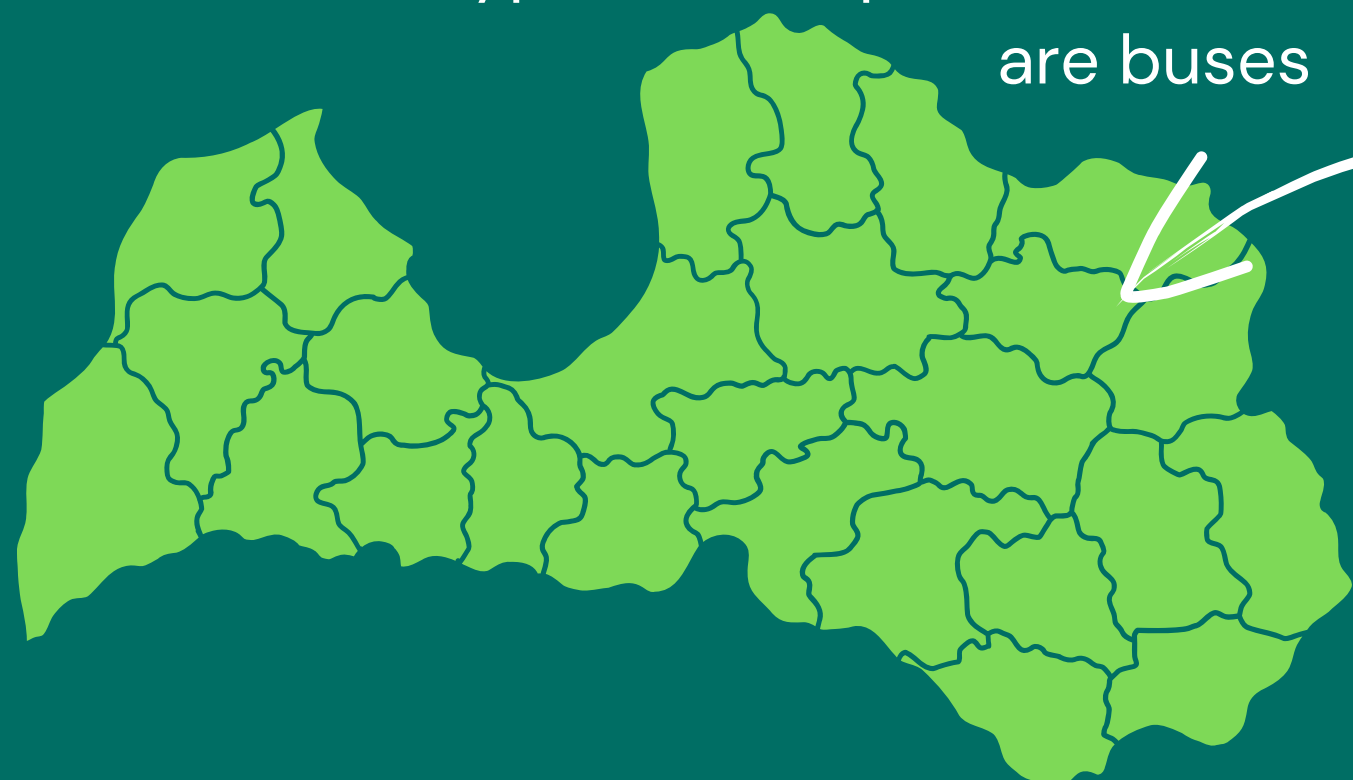
Gulbenes
nBvads

Gulbene district is located in the northeastern part of Latvia, in the historical region of Vidzeme, it has a population of around 19 109 people and has 1 town (Gulbene) and 13 parishes.

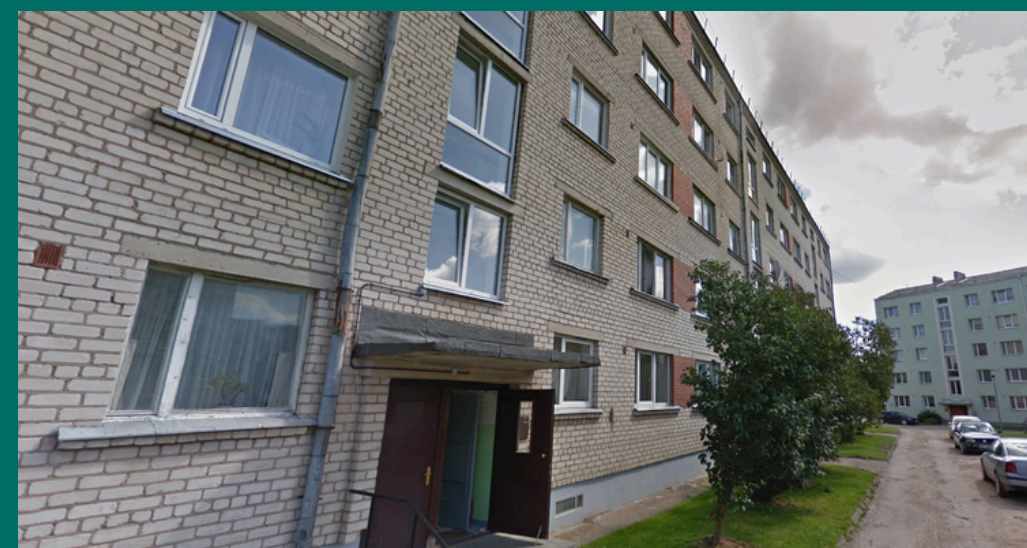
The district is known for its beautiful nature surroundings, forests, crop fields and natural meadows all around.

It has several cultural and historical attractions like Vecgulbenes muiža (Old Gulbene manor), Narrow Gauge Train Gulbene – Alūksne and Stāmeriena castle.

The town is easily accessible by road and rail, the most common type of transportation in Gulbene are buses

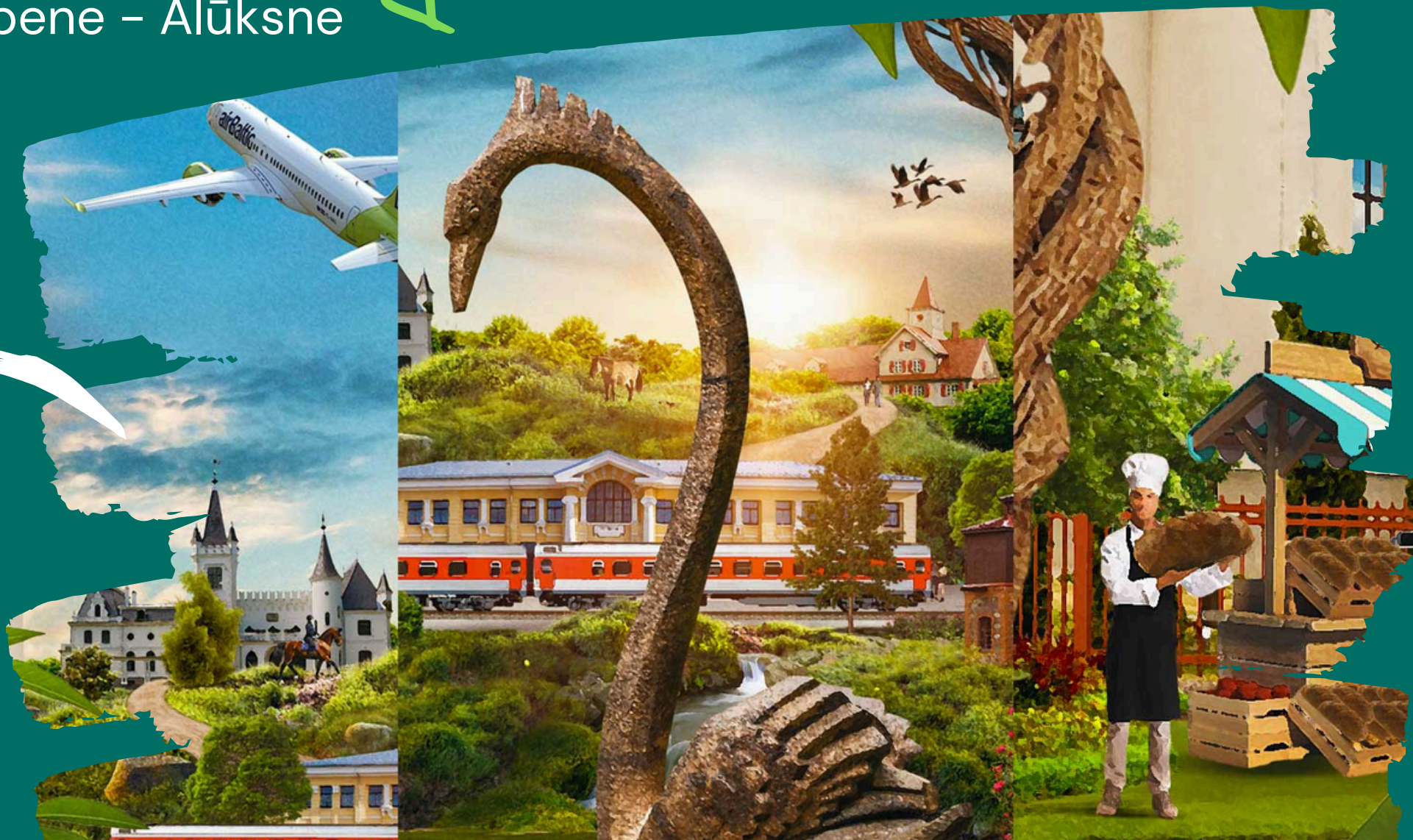


Accommodation



*Two room apartment in Gulbene
(or in one of the villages)*

*The project covers all expenses (utilities,
pocket money etc.)*



Volunteering plan

Preparing activities and implementing them in the Youth center

Promoting **one** of the project priorities:

- inclusion and diversity
- participation in democratic life
- EU youth goals
- environmental protection, sustainable development and climate action

Implementing individual skills in Youth center daily schedule (giving language lessons, musical instrument lessons etc.)

Activity promotion of ESC outside the Youth center



Day plan

Summer

Day for a volunteer starts at 11:00 and ends at 18:00

Other time of the year


Day starts at 13:00 and ends at 20:00

Lunch break for an hour at a chosen time of the day

The pace of work is flexible and may be modified according to the needs and activities



What to bring

- 
- Travel documents (ID or passport), invoices and boarding passes
 - Comfortable everyday clothes (please check the weather!)
 - Some warm clothes, a coat (for winter), rain clothes
 - **European health insurance card**
 - Toiletries (shampoo, shower gel etc)
 - Towel
 - Slippers for the indoors
 - Swimsuit
 - Medicine (if you need any)
 - Hairdryer (if you need it)
 - Musical instruments (if you play one)
 - Games from your contry
 - Recipes (take your favorite recipe with you and make it)
 - Photos and postcards of your region (so that you can show to the others where you live)



TRAVEL

You have two options

Take a plane

Destination – RIGA(RIX)

Travel in a green way

Take a bus, train or drive by car

100 to 499 km	180 EUR	210 EUR
500 to 1999 km	275 EUR	320 EUR
2000 to 2999 km	360 EUR	410 EUR

**As per Erasmus+ guidelines*

TRAVELING TO GULBENE

To reach Gulbene you can travel by bus. Be aware that it will be a long drive (around 3 hours)

or

If you have late arrival we can arrange a pick-up from the airport

The same for traveling back

BEFORE BOOKING ANY TICKETS CONTACT US IN ADVANCE!

CONTACT US



*We would like to read your CV and motivation letter till the start of November 2023
If you have any questions please don't hesitate and contact us! :)*



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