

ACTIVITY PROGRAMME FOR A YOUTH WORKER MOBILITY

Activity n°	1, TC "BE THE LEADER. BE THE CHANGE"				
Participating organisations	FUNDACJA CENTRUM AKTYWNOŚCI TWÓRCZEJ /POLAND/, Scambieuropei /ITALY/ Oportunidades Europeas /SPAIN/ ProAtlântico - Associação Juvenil /Portugal/ Praxis Europe /UK/ Asociatia Support for Youth Development /ROMANIA/				
Venue			Duration		
City	Country	Start date	End date	Activity duration	Travel days
LESZNO	Poland	5.05.2015	12.05.2015	7	2
Activity Programme					
Timetable	Activities	Non-formal & Informal learning methods used			
<i>DAY 0</i>					
PM	Getting to know each other	Name games, ice-breaking games			
<i>DAY 1</i>					
AM	Opening of TC	Presentation of the goals and objectives of the programme though the presentations			
	Training Introduction – Getting to know each other & Expectations	Ice-breaking exercises, individual and group work on sharing expectations and setting learning objectives			
PM	Group building (Intercultural communication)	"Mission impossible" simulation: Group is given 1 task with many obstacles, they have limited resources and time to achieve			
	Reflections groups	Work in sub-groups, talking about individual experiences during day, emotions, needs for learning..			

	Intercultural evening I	Presentation of a different cultures through the customs, food, national dances, etc.
<i>DAY 2</i>		
AM	Open your minds – creative energiser	Creative task to help to be more open-minded for ideas of others
	„Leadership in community work” (part I) Self assessment	Written test and small group work to give feedback to each other
PM	„Leadership in community work” (part II) Motivation: how to motivate myself and others	The short exercise will provide a valid experience to participants to reflect on their own attitudes towards others. Then the debriefing will be used to discuss how we can motivate other in
	Reflections groups	Work in sub-groups, talking about individual experiences during day, emotions, needs for learning..
	Intercultural evening II	Presentation of a different cultures through the customs, food, national dances, etc.
<i>DAY 3</i>		
AM	“Scanning the reality” (part I)	Participants are asked to asses the reality as preparation of the TC. Here, they will do creative presentations in order to present the needs of discriminated youth in their community.
	Antidiscrimination and inclusin, specific target groups and their needs	Work in smaller groups: identifying different target groups. Also, we will use "Take a step forward activity" to test their attitudes towards young people with fewer opportunities
PM	Reflection groups	Work in sub-groups, talking about individual experiences during day, emotions, needs for learning..
	Participants' space	Participants are provided with space to create, organise, perform, etc.

DAY 4		
AM	"Empowerment" Communication skills	Theoretical input and discussion
	Communication in community work and intercultural challenges	How I am as communicator? Exercise and discussion
PM	Empowerment = Personal branding and PR	How others see me? Trainers input and Case studies solving
	Social Media	Input from expert: FB, Twitter, Instagram -insight; TV show simulation: "How to brand myself online"
	Reflection groups	Work in sub-groups, talking about individual experiences during day, emotions, needs for learning..
	Participants' space	Participants are provided with space to create, organise, perform, etc.
DAY 5		
AM	Visit to a local NGO working on inclusion	Visit and conversation with volunteers and employees
PM	Empowerment " - Building partnerships and alliances	Simulation activity
	Reflection groups	Work in sub-groups, talking about individual experiences during day, emotions, needs for learning..
	Organisational market	Participants will present their organisations and projects and use this space for networking
DAY 6		
AM	Taking action" (part I) - v	Individual work and small group feedback in building anti-discriminatory initiatives
PM	Taking action (part II) - Feedback session and discussion	Plenary session: Presentations and discussion
	Reflection groups	Work in sub-groups, talking about individual experiences during day, emotions, needs for learning..

	Speeches' night: "I have a dream"	Participants will be invited to a contest for best speech under the topic "I have a dream". Local committee will be the jury
<i>DAY 7</i>		
AM	My personal action plan and Follow-up	Individual work
	Youth Pass	Quiz: Presenting Youth pass
PM	Final evaluation and Closing	Written and Plenary evaluation
	Good-bye party	
<i>DAY 8</i>		
AM	Departures	